

POWER LIFT®

POWERFUL IDEAS FOR POWERFUL RESULTS

PRO PLATE LOW ROW

Power Lift's Low Row Machine was built with athletes' specific needs in mind. The independent diverging arms provide a more balanced movement and have two grip positions for targeting different muscle groups.



KEY FEATURES:

- Independent diverging work arms
- Weight storage standard
- Ratchet lock seat adjustment
- Adjustable chest pad
- Two grip positions
- Urethane foot pads standard
- Ratchet seat mechanism accommodates all user sizes
- Low start resistance, with ability to add plates to accommodate all fitness levels
- Standard counter balance
- 3" thick pads for user comfort and support
- Movable joints feature ball bearings
- Standard weight horns

Overall Dimensions:

50" (L) x 62" (W) x 75" (H)

375 lbs. (Approximate Weight)

Warranty:

Lifetime conditional warranty on frame components. Five years on rotary bearings, guide rods, pulleys and weight plates. One year on belts, cables and grips. Ninety days on upholstery and items not specified.

Part Number:

82084A

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